## **Diabetic Foot Ulcers**

## The National Impact

More than

34 million

Americans have diabetes

85%

of amputations are preceded

by a diabetic foot ulcer. **Complications** associated with diabetes include:

Cardiovascular Disease

Nerve Damage

Kidney Disease

Eye Disease

**Diabetic Foot Ulcers** 

**Diabetic Foot Ulcers** are sores or wounds that most commonly occur on the bottom of the foot.



Up to

25% of diabetics will develop a diabetic foot ulcer in their lifetime.



For those who succumb to a diabetesrelated amputation, there is a **40-48% of a 5-year survival rate.**  Diabetic foot ulcers are the **leading cause** of limb loss.

**Prevention** is crucial to prevent limb loss.

- O A1C Regulation
- O Smoking Cessation
- O Proper Nutrition
- O Proper Footwear
- O Foot Hygiene
- O Foot Inspections

75% of diabetic foot ulcers are preventable.

## Sources:

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