

# Diabetes: A Global Epidemic

## Exploring the Implications & Challenges



**537 million**

adults (aged 20-79) are living with diabetes worldwide.

### Diabetic Foot Ulcers

- sores or wounds - that occur on the bottom of the foot are one of the most common, costly, and severe complications of diabetes.



Diabetic foot ulcers affect **40-60 million** diabetics across the globe.



**1 in 4**

diabetics will develop a diabetic foot ulcer in their lifetime.



Amputation in people with diabetes is **10-20 times** more common than in people without diabetes.

Diabetic foot ulcers are the **leading cause** of limb loss.



For those who succumb to a diabetes-related amputation, there is a **40-48% of a 5-year survival rate.**



It's estimated that every **seconds** a lower limb is lost as a consequence of diabetes.

**Prevention** is crucial to prevent limb loss.

- A1C Regulation
- Smoking Cessation
- Proper Nutrition
- Proper Footwear
- Foot Hygiene
- Foot Inspections

**75%** of diabetic foot ulcers are preventable.

#### Sources:

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