

Patient Discharge Instructions

How to Care for your ActiGraft^{PRO}® Dressing



PROTECT YOUR DRESSING

DO

- Use a cast cover when you shower or bathe to keep the dressing dry.
- Change the secondary outer dressing if it becomes 75% or more saturated with wound exudate.

DO NOT

- Don't get your dressing wet. Avoid placing your wound site under direct flow of water.
- Don't remove or displace the ActiGraft clot while changing the secondary outer dressing.

CARE FOR YOUR WOUND



Venous Leg Ulcers

- Elevate the affected leg(s).
- Perform foot and ankle exercises 3x/day minimum.
- Wear compression bandaging.

Diabetic Foot Ulcers

- Wear proper offloading shoes on the affected feet.

Pressure Ulcers/Injuries

- Avoid direct pressure to the affected area(s) with regular:
 - Repositioning/turning
 - Proper off-loading devices or mattresses.



CONTACT YOUR PHYSICIAN

Contact your physician immediately if the following occur:

- You have increased pain at the wound site.
- You develop a fever.
- Your ActiGraft^{PRO} clot becomes displaced or dislodged.